

You are invited...

Mobilising Compassion

...a retreat aimed at mental health professionals and therapists to develop their confidence and skill at bringing embodied movement and work in action to their practice.

17th to 20th June 2027

At the Stunning Eaton Manor grounds in Shropshire

£1350

Early bird rate **£1170** (10 places available)

Single occupancy **£1450** (10 spaces available)



- Exploring and cultivating compassion through play and embodied movement.
- Group based story telling,
- Yoga and sound bath sessions
- Space for quiet reflection.
- Create meaningful connections with other health care professionals

We will introduce a creative, action and movement-based experience, infused with the teaching and cultivation of compassion across the three flows, to the self, from others and to others.

Get in touch or to book

RSVP to this email

kate@mobilisingcompassion.com